



Alzheimer's and Dementia Classes

Paint-A-Memory

2nd and 4th Tuesdays 10am-11am

Bring your loved one to SoBo Gallery and Art Center where they will paint a picture under the guidance of an instructor for an hour. Home health aides will be present for added assistance. This is best suited to those that can follow simple step-by-step instructions. There is no charge but Pre-registration is required. Call the SoBo Gallery at [407-347-7996](tel:407-347-7996).

Sponsored By: Winter Garden Senior Home Care, Alzheimer's & Dementia Center, Ginger Lore PA, Unified Rehabilitation, Gardens of Lakeview, Cornerstone Hospice & Golden Pond

Musical Minds

Mondays 10:30am-11:30am

Central Florida Community Arts has partnered with SoBo Gallery and Art Center to present a choir geared towards adults experiencing the early stages of memory loss, Dementia and Alzheimer's disease. Making music by singing, playing an instrument or simply listening to music can be a great way to stimulate the brain. Rehearsals are open to participants and their caregivers at no cost. For more information visit cfarts.com/musical-minds or call

407-937-1800 Ext 719

SoBo Gallery and Art Center
127 South Boyd Street, Winter Garden, FL 34787

www.wgAPT.org



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